



Preliminary Program



89th Annual Meeting

July 30–August 2, 2025

Grand Hyatt Kauai | Koloa, HI

Scan for
meeting
details



Howard Steel Lecturer
Damon West

Best Selling Author & Keynote Speaker



Presidential Guest Speaker
Mary I. O'Connor, MD

Co-Founder & Chief Medical Officer, Vori Health

Accreditation Information

PROGRAM COMMITTEE

The Western Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contribution to the development of the Scientific Program:

Kathryn L. Schabel, MD, Co-Chair
Jennifer Van Warmerdam, MD, Co-Chair
Nicholas A. Alfonso, MD
Nathanael D. Heckman, MD
Luke T. Nicholson, MD
Russell N. Stitzlein, MD
Eric W. Tan, MD

MISSION

The Western Orthopaedic Association (WOA) is a physician organization composed of orthopaedic surgeons in practice in the western region of the United States. Its mission is to help ensure that people in the western region of the United States receive high quality ethical care by providing orthopaedists with educational programs, opportunities to foster collegiality and ways to influence health policy.

TARGET AUDIENCE

The 89th Annual Meeting of the Western Orthopaedic Association has been developed primarily for orthopaedic and trauma surgeons and allied health professionals with a practice profile that is exclusively musculoskeletal.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Western Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this WOA Annual Meeting, July 30-August 2, 2025 to be held in Koloa Kauai, HI for a maximum of 18.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

* 13.25 CME Credits for Scientific Program
* 5 CME Credits for Scientific E-Poster Sessions

CEC CREDIT

Physician's Assistants can receive up to 18.25 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category I, Level 1 CME credit for the Physician's Recognition Award from organizations accredited by the ACCME.

PURPOSE

Exchange of scientific information is vital to continuing professional development. The Program Committee of the WOA has selected multiple research papers and invited nationally respected speakers to present practice-related techniques and findings in orthopaedic surgery that cover a breadth of topics in a variety of orthopedic specialty areas.

OBJECTIVES

Educational objectives in multiple orthopaedic subfields including Hip and Knee Arthroplasty, Orthopaedic Trauma, Sports Medicine, Hand



President's Message Basil Besh, MD

Aloha!

Mark your calendars for an unforgettable summer event! The 89th Annual Meeting of the Western Orthopaedic Association will take place from July 30 – August 2, 2025, at the spectacular Grand Hyatt Kauai on Hawaii's breathtaking

"Garden Isle." This stunning venue provides the perfect setting for you to relax, reconnect, and enjoy paradise with family, friends, and colleagues.

Whether you prefer sailing, kayaking, snorkeling, fishing, golfing, or simply unwinding in a hammock by the sea, there's something for everyone. And don't miss our traditional sunset Luau, a highlight of the meeting that promises an evening to remember!

Our scientific program, co-chaired by Dr. Jennifer van Warmerdam and Dr. Kathryn Schabel, will showcase the latest advancements across all subspecialties, providing valuable insights while allowing ample time to enjoy Hawaii with your loved ones.

We are honored to welcome Damon West as the Howard Steel Lecturer and Dr. Mary I. O'Connor, a true trailblazer, as our distinguished Presidential Guest Speaker.

We look forward to welcoming you to Kauai for an incredible blend of education, networking, and relaxation in one of the world's most beautiful destinations. Selling author and inspirational speaker, as our Howard Steel Lecturer.

Mahalo,

Basil Besh, MD

Basil R. Besh, MD
President, Western Orthopaedic Association
Connecting people; Enriching lives



Ruth Jackson
Orthopaedic Society

Welcome RJOS Members! Please contact RJOS for your special registration code.

Connect with us on Social Media



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Presidential Guest Speaker

Mary I. O'Connor, MD

Co-Founder & Chief Medical Officer, Vori Health and Professor Emerita of Orthopaedics, Mayo Clinic

Dr. Mary I. O'Connor will be the WOA 2025 Presidential Guest Speaker. A nationally recognized leader who has championed diversity in medicine, surgery and orthopedics, Dr. O'Connor is Professor Emerita of Orthopedics at Mayo Clinic, as well as past Professor of Orthopedics and Rehabilitation at Yale School of Medicine. She is Co-Founder and Chief Medical Officer of Vori Health, an award-winning, nationwide, virtual specialty medical practice designed to treat musculoskeletal pain more effectively.

After competing as a U.S. Olympic rower, Dr. O'Connor completed her orthopedic residency and fellowship in orthopedic oncology at Mayo Clinic in Rochester, MN, during a time when few women were accepted into training programs. She was invited to join the staff at Mayo Clinic in Florida and wore many leadership hats throughout the organization. In 2015, Dr. O'Connor was named the inaugural director of the Center for Musculoskeletal Care at Yale School of Medicine and Yale New Haven Health. In 2021, she transitioned from academic medicine to entre-prenurship as co-founder of Vori Health.

Dr. O'Connor has accomplished many "firsts." She was the first female member of the Musculoskeletal Tumor Society (MSTS), the International Society of Limb Salvage (ISOLS), the American Association of Hip and Knee Surgeons (AAHKS) and the first female surgeon in The Knee Society. She has also served as president of the Association of Bone and Joint Surgeons (ABJS), AAHKS, ISOLS, MSTS and the Ruth Jackson Orthopaedic Society (RJOS). She is a former member of the Advisory Committee on Research on Women's Health at the National Institutes of Health in Bethesda, MD and is previous chair of the AAOS Women's Health Issues Advisory Board and the AAOS Diversity Advisory Board.



Howard Steel Lecturer

Damon West

Best Selling Author, Keynote Speaker, Philanthropist and College Professor

The WOA is pleased to have Damon West as the Howard Steel Lecturer for our 89th Annual Meeting.

At 20 years old, Damon was a Division 1 starting quarterback at the University of North Texas, when he suffered a career ending injury and turned to hardcore drugs to cope with disappointments of life.

After graduation, he worked in the United States Congress and trained to be a stockbroker for United Bank of Switzerland (UBS), where he was introduced to methamphetamines and became instantly hooked—forever changing the lives of so many innocent people by the choices he made in order to feed his insatiable meth habit.

After a fateful discussion during his incarceration with a seasoned convict, Damon had a spiritual awakening. He learned that, like a coffee bean changing with the application of heat and pressure, he was capable of changing the environment around him. Armed with a program of recovery, a renewed faith, and a miraculous second chance at life, Damon emerged from over seven years of prison a changed man.

On parole in Texas until 2073, his story is one of hope, redemption, grit and the resilience of the Human spirit.

Accreditation Information continued

Surgery, and Foot/Ankle Surgery will be addressed through a combination of symposia, research paper presentations, Poster and E-Posters. After reviewing the annual needs assessment, the Program Committee of the WOA has created a program for 2025 that will afford Orthopaedic Physicians and their Allied Health Professional Colleagues the opportunity to:

1. Foster a collegial and stimulating exchange of ideas between the research presenters, symposia faculty, and attendees through podium and rapid fire paper presentations, instructional symposia, case-based discussions, multimedia educational sessions, Poster and E-Poster exhibits.
2. Describe and employ an outcome-based rationale for the treatment of both common and complex orthopaedic conditions.
3. Discuss the current procedures and trends in the treatment of degenerative and traumatic musculoskeletal conditions with non-operative management or operative intervention, as required, be that using arthroscopic or open procedures.
4. Increase knowledge and facility in managing frequently encountered hand, foot, and ankle disorders.
5. Critically assess the utility of recently introduced orthopaedic procedures.
6. Describe and discuss methods to maximize patient safety and minimize complications.
7. Review current controversies in pain control for orthopedic conditions.

DISCLAIMER

The products, procedures, and opinions presented at this meeting reflect the viewpoint or approach of the presenter only and are not to be attributed to the Western Orthopaedic Association. The Western Orthopaedic Association presents such material for informational purposes only and does not endorse any such product or the content of any such presentation.

FORMAT

The educational sessions will be held Thursday, Friday and Saturday July 31-August 2, from approximately 7:00 am until 1:30 pm.

SCIENTIFIC POSTER/E-POSTER SESSIONS

Scientific Posters/E-Posters are an important feature of the WOA Annual Meeting. Posters/E-Posters will be on display each day of the Scientific Program and Poster/E-Poster presenters will be available to answer questions before and after the Scientific Program Sessions. **Please note on the Scientific Program Schedule the designated times the Posters/E-Poster presenters will be available for discussion.**

PHYSICIAN REGISTRATION FEE

Registration covers the Scientific Program Sessions, Syllabus, Daily Continental Breakfasts and Coffee Breaks, General Meeting Expenses, Scientific Poster/E-Poster Sessions, Welcome Dinner, Exhibitor Reception and Family Luau.

6:15 am – 7:15 am **Scientific Poster / E-Poster Session**
(Presenters are available to answer questions)

7:00 am – 7:10 am **First Business Meeting**

7:15 am – 7:45 am **Rapid Fire Sessions 1A – 1E**

7:50 am – 7:55 am **Welcome, Announcements and Overview**
Basil R. Besh, MD, FORM Hand, Wrist & Elbow Institute
Kathryn L. Schabel, MD, Oregon Health & Science University
Jennifer M. van Warmerdam, MD, UCSF Health St. Mary's Hospital

7:55 am – 8:25 am Focused Breakfast Presentation
*CME Credit not available

8:25 am – 8:45 am Break – Please visit exhibits

8:50 am – 8:55 am **Welcome, Announcements and Overview**
Basil R. Besh, MD, FORM Hand, Wrist & Elbow Institute
Kathryn L. Schabel, MD, Oregon Health & Science University
Jennifer M. van Warmerdam, MD, UCSF Health St. Mary's Hospital

Symposium 1 – Orthopaedic Organizations: Then, Now, Forever?

Moderator: Basil R. Besh, MD, FORM Hand, Wrist & Elbow Institute

8:55 am – 9:07 am History of the WOA
Theodore L. Stringer, MD, Colorado Springs Orthopaedic Group

9:07 am – 9:19 am History of the OREF
Richard F. Santore, MD, University of California, San Diego

9:19 am – 9:31 am History of the AAOs
Ramon L. Jimenez, MD, Salinas, CA

9:31 am – 9:33 am History of the BOC
Edward A. Toriello, MD, Jamaica, NY

9:33 am – 9:55 am Discussion

General Session 1 – Presidential Guest Speaker

Moderator: Basil R. Besh, MD, FORM Hand, Wrist & Elbow Institute

9:55 am – 10:35 am Leadership and Diversity
Mary I. O'Connor, MD, Vori Health

10:35 am – 10:55 am Break – Please visit exhibits

Concurrent ICL 1A – Resident Symposia

Moderator: David H. Chafey III, MD, University of New Mexico
*CME Credit not available

11:00 am – 12:00 pm Panel
David H. Chafey III, MD, University of New Mexico
Rosalyn Ngyen, JD, MBA, Presbyterian Healthcare Services
Milton "Chip" L. Routt, MD, McGovern Medical School at UT Health

Concurrent ICL 1B – Sports Knee

Moderator: Ronald A. Navarro, MD, Kaiser Permanente

11:00 am – 11:12 am Cartilage Grading and the Limitations of the KL Score
Omer A. Ilahi, MD, Southwestern Orthopedic Group

11:12 am – 11:24 am Multiligament Reconstruction

11:24 am – 11:36 am Machine Learning and ACL Reconstruction Failure

11:36 am – 11:48 am Meniscal Root Repair

11:48 am – 12:00 pm Discussion

Concurrent ICL 1C – Foot & Ankle

Moderator: Bopha Chrea, MD, University of Iowa

11:00 am – 11:15 am This Post-Op XR Doesn't Look Right: What Do I Do?
James E. Meeker, MD, Oregon Health & Science University

11:15 am – 11:30 am Calcaneus Fractures: What the Last 15 Years Has Taught Us
Amanda M. Holleran, MD, University of Rochester Medical Center

11:30 am – 11:45 am Why Does Foot Structure Matter? Its Impact in Ankle and 5th Metatarsal Fractures
Bopha Chrea, MD, University of Iowa

11:45 am – 12:00 pm Discussion

12:05 pm – 12:35 pm Focused Lunch Presentation
*CME Credit not available

General Session 2 – Board Reports

Moderator: Basil R. Besh, MD, FORM Hand, Wrist & Elbow Institute
*CME Credit not available

12:35 pm – 12:40 pm OREF Report
Lee Grossman, OREF

12:40 pm – 12:55 pm AAOS Report
Annuziatio Ned Amendola, MD, Duke University

12:55 pm – 1:05 pm WOF Report
Robert F. McLain, MD, Enumclaw, WA

Symposium 2 – Surgeon Preservation

Moderator: Jennifer M. Weiss, MD, Shriners Children's Southern California

1:05 pm – 1:15 pm Corporatized Medicine and Moral Injury
Jennifer M. Weiss, MD, Shriners Children's Southern California

1:15 pm – 1:25 pm Physician, Heal Thyself: Recovery from Second Victim Syndrome
Selina Poon, MD, MPH, Shriners Children's

1:25 pm – 1:35 pm Surgeon Preservation
David Skaggs, MD, Cedars-Sinai Medical Center

1:35 pm – 1:45 pm Burnout
Ramon L. Jimenez, MD, Salinas, CA

1:45 pm – 1:55 pm Physician Wellbeing: What Can the Hospital do to Help Our Medical Staff?
Melissa Christino, MD, Boston Children's Hospital

1:55 pm – 2:05 pm Discussion

2:05 pm – 2:25 pm Break – Please visit exhibits

General Session 3 – Junior Investigator & Research Award Winners

Moderators: Kathryn L. Schabel, MD, Oregon Health & Science University & Jennifer M. van Warmerdam, MD, UCSF Health St. Mary's Hospital

2:25 pm – 3:25 pm Award Presentations

3:30 pm – 4:30 pm **Rapid Fire Sessions 2A – 2E**



6:00 am – 7:00 am **Scientific Poster / E-Poster Session**
(Presenters are available to answer questions)

7:00 am – 7:45 am **Rapid Fire Sessions 3A – 3E**

7:55 am – 8:00 am **Morning Announcements and Overview**
Kathryn L. Schabel, MD, Oregon Health & Science University
Jennifer M. van Warmerdam, MD, UCSF Health St. Mary's Hospital

8:00 am – 8:20 am Focused Breakfast Presentation
*CME Credit not available

8:30 am – 8:50 am Break – Please visit exhibits

Concurrent ICL 2A – Disasterplasty
Moderator: Elizabeth G. Lieberman, MD, Orthopedic & Fracture Specialists

8:50 am – 9:02 am Tumorplasty: Tips for Mega-Recon
Alexandra K. Callan, MD, UT Southwestern Medical Center

9:02 am – 9:14 am Traumaplasty: What's in My Toolbox to Fix Periprosthetic Fractures
Molly A. Hartzler, MD, Atrium Health Wake Forest Baptist Health

9:14 am – 9:26 am Infectionplasty: Single vs. Staged, Static vs. Dynamic
Alexis D. Gaskin, MD, Sutter Health

9:26 am – 9:38 am Revisionplasty: How to Remove Well-Fixed Implants
Nathanael D. Heckmann, MD, Keck School of Medicine of USC

9:38 am – 9:50 am Discussion

Concurrent ICL 2B – Hand
Moderator: Nicole Schroeder, MD, University of California, San Francisco

8:50 am – 9:02 am Hand Trauma
Lindsey Urband, MD, San Diego Hand Specialists

9:02 am – 9:14 am Management of Pediatric Hand and Wrist Fractures
Gopal Lalchandani, MD, University of California, San Francisco

9:14 am – 9:26 am PIP Fractures and Fracture Dislocations: Current Treatment Options
Nicole Schroeder, MD, University of California, San Francisco

9:26 am – 9:38 am The Intramedullary Nail: Use for Fracture Fixation of the Hand
Lauren G. Santiesteban, MD, University of California, San Francisco

9:38 am – 9:50 am Discussion

Concurrent ICL 2C – Sports Pediatrics
Moderator: Jennifer M. Weiss, MD, Shriners Children's Southern California

8:50 am – 9:02 am Detriments of Early Sports Specialization
Ronald J. Turker, MD, Kaiser Permanente

9:02 am – 9:14 am Crossover from Peds to Young Adults Sports
Jennifer J. Beck, MD, Center for Spine & Orthopedics

9:14 am – 9:26 am Pediatric ACL Injury
Melissa Christino, MD, Boston Children's Hospital

9:26 am – 9:38 am Patellar Instability
Jennifer M. Weiss, MD, Shriners Children's Southern California

9:38 am – 9:50 am Discussion

Symposium 3 – Technology
Moderator: Antonia Chen, MD, MBA, UT Southwestern Medical Center

9:55 am – 10:05 am Point / Counterpoint: Why I Use Technology
Rina Jain, MD, Synergy Orthopedics

10:05 am – 10:15 am Point / Counterpoint: Why I Don't Use Technology
Derek Ward, MD, Marin Health

10:15 am – 10:25 am Technology for Healthcare Delivery
Meghan A. Whitmarsh Brown, MD, Albuquerque, NM

10:25 am – 10:35 am Technology: So You Want to Try It
Jessica Hooper, MD, Stanford University

10:35 am – 10:45 am Point / Counterpoint: Pro AI
Raymond B. Raven III, MD, SMaRT Health & Wellness

10:45 am – 10:55 am Point / Counterpoint: Con AI
Speaker TBD

10:55 am – 11:05 am Discussion

11:05 am – 11:25 am Break – Please visit exhibits

Concurrent Session ICL 3A – Medical Student Session: The Easiest and Hardest Thing – To Be an Excellent Sub-Intern

Moderator: Alexandra K. Callan, MD, UT Southwestern Medical Center
*CME Credit not available

11:25 am – 12:25 pm Presentations

Concurrent Session ICL 3B – Hot Topics from Trauma Call
Moderator: Sarah Blumenthal, MD, Keck School of Medicine of USC

11:25 am – 11:37 am Young Femoral Neck Fractures
Sarah Blumenthal, MD, Keck School of Medicine of USC

11:37 am – 11:49 am Open Fractures
Graham DeKeyser, MD, Oregon Health & Science University

11:49 am – 12:01 pm Compartment Syndrome
Zachary Working, MD, Oregon Health & Science University

12:01 pm – 12:13 pm ExFix Indication and Advanced Topics
Joseph T. Patterson, MD, Keck School of Medicine of USC

12:13 pm – 12:25 pm Discussion

12:25 pm – 12:55 pm Focused Lunch Presentation
*CME Credit not available

1:00 pm – 1:45 pm **Rapid Fire Sessions 4A – 4E**

1:45 pm – 2:45 pm **Scientific Poster / E-Poster Session**

Scientific Program | Saturday, August 2

Presenters, dates and times are subject to change.

- 6:15 am – 7:15 am **Scientific Poster / E-Poster Session**
(Presenters are available to answer questions)
- 7:10 am – 7:20 am **Second Business Meeting**
- 7:20 am – 7:25 am **Morning Announcements and Overview**
Kathryn L. Schabel, MD, Oregon Health & Science University
Jennifer M. van Warmerdam, MD, UCSF Health St. Mary's Hospital

General Session 4 – Howard Steel Lecturer

Moderator: Basil R. Besh, MD, FORM Hand, Wrist & Elbow Institute
*CME Credit not available

- 7:25 am – 8:35 am Be a Coffee Bean
Damon West

- 8:35 am – 9:05 am **Focused Breakfast Presentation**
*CME Credit not available

- 9:15 am – 10:00 am **Rapid Fire Sessions 5A – 5E**

- 10:00 am – 10:25 am **Break – Please visit exhibits**

Symposium 4 – Orthopedics in Hawaii: Lessons from the Far, Far West

Moderator: Linda Rasmussen, MD, Windward Orthopaedic Group, Inc.

- 10:25 am – 10:35 am Navigating Cultural Differences and Obesity to Improve Overall Health in Hawaii
Linda Rasmussen, MD, Windward Orthopaedic Group, Inc
- 10:35 am – 10:45 am Hawaiian Culture Integrated with Traditional Medicine
Andrew Keola Richardson, MD, Orthopedic Associates
- 10:45 am – 10:55 am Building Orthopedic Capacity in the Pacific
David Rovinsky, MD, FACS, University of Hawaii, John A. Burns School of Medicine
- 10:55 am – 11:05 am Health Literacy and Cultural Differences
Janæ Rasmussen, DO, Valley Consortium for Medical Education's Orthopedic Surgery
- 11:05 am – 11:25 am Discussion
- Concurrent ICL 4A – Bone Health**
Moderator: Carol A. Lin, MD, Cedars-Sinai Medical Center
- 11:30 am – 12:30 pm Bone Health
Speakers TBD

Concurrent ICL 4B – Reverse Total Shoulder Arthroplasty: Biomechanics, Indications, and Managing Complications

Moderator: Deana Mercer, MD, University of New Mexico

- 11:30 am – 11:42 am rTSA Biomechanics
- 11:42 am – 11:54 am rTSA Indication for Fracture
Jennifer FitzPatrick, MD, Parkview Medical Center
- 11:54 am – 12:06 pm Management of Failed rTSA
Niloofer Dehghan, MD, CORE Institute Phoenix
- 12:06 pm – 12:18 pm Management of Nerve Injury in rTSA
Deana Mercer, MD, University of New Mexico
- 12:18 pm – 12:30 pm Discussion

Concurrent ICL 4C – A Generalist's Guide to Pediatric Orthopaedic Trauma

Moderator: Meghan N. Imrie, MD, Stanford University

- 11:30 am – 11:42 am 5 Principles of Pediatric Fracture Remodeling
Meghan N. Imrie, MD, Stanford University
- 11:42 am – 11:54 am Tips and Tricks for Pediatric Upper Extremity Fractures
Kathleen D. Rickert, MD, Ascension Seton Medical Center Austin
- 11:54 am – 12:06 pm What to NOT Miss When You're Taking Peds Call
Holly B. Leshikar, MD, Shriners Children's
- 12:06 pm – 12:18 pm Spine Trauma Basics for the Adolescent
David Skaggs, MD, Cedars-Sinai Medical Center
- 12:18 pm – 12:30 pm **Panel Discussion**
Pediatric Tolerances: What Can We Accept, What Needs to be Fixed?

General Session 5 – Endowed Award Paper Presentations

Moderators: Kathryn L. Schabel, MD, Oregon Health & Science University & Jennifer M. van Warmerdam, MD, UCSF Health St. Mary's Hospital

- 12:35 pm – 1:35 pm Endowed Award Paper Presentations
- 1:25 pm – 2:25 pm **Scientific Poster / E-Poster Session**
(Presenters are available to answer questions)



Complete Scientific Program and Poster Presentations are available on the WOA website at www.woa-assn.org/current-annual-meeting



Grand Hyatt Kauai

Get away to the soothing white sands of Poipu Beach on Kauai’s sunny south shore at Grand Hyatt Kauai Resort & Spa. This eco-friendly, luxury beachfront oasis with lush gardens and acres of pools offers ocean view dining, hotel rooms with private lanais, championship golf and Anara Spa. Attend a luau, tour the hydroponic garden or take a hula, ukulele or lei-making class—all at the resort hotel. Then, strike out to see blooms at the Allerton Estate and National Tropical Botanical Garden and learn about local history at the Kauai Museum. Or hit the links and soak in the breathtaking views at Poipu Bay Golf Course.

Hotel Room Reservation and Rates

The WOA has reserved a block of hotel rooms for your convenience while attending the Annual Meeting and will hold these rooms until **July 27, 2025**. To make a reservation at the Grand Hyatt, go online to www.woa-assn.org/annual-meeting and click the **Online Hotel Reservations** link or call **808-742-1234**.

Space is limited, so make your reservation early! Please mention that you are with the Western Orthopaedic Association to get the discounted rate.

Hotel Cutoff Date: June 27, 2025

Room Category	Rates
Standard Room	\$519 per night
Resort View	\$549 per night
Partial Ocean	\$619 per night
Ocean View	\$709 per night

Travel Information

Grand Hyatt Kauai Resort & Spa is a 30-minute drive from Lihue Airport (LIH). Taxi service is approximately \$70 one-way.

Airport Shuttle Services can also be booked with **Roberts Hawaii** at www.robertshawaii.com/airport-shuttle/kauai/ or by calling **808-539-9400**.

Wednesday, July 30

- 10:00 am – 5:00 pm **WOA Board of Directors Meeting**
- 12:00 pm – 5:00 pm **Meeting Registration**
- 12:00 pm – 5:00 pm **Exhibitor Setup**
- 12:00 pm – 8:00 pm **Speaker Ready Area**

Thursday, July 31

- 6:00 am – 4:30 pm **Meeting Registration**
- 6:00 am – 8:00 pm **Speaker Ready Area**
- 6:30 am – 6:00 pm **Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing**
- 7:00 am – 7:10 am **First Business Meeting**
- 7:30 am – 8:30 am **Yoga**
Practice calming, rejuvenating yoga poses and stretching on the beach. Enjoy a tranquil environment to connect with your breath, improve flexibility, and find inner peace while surrounded by beautiful gardens. Mats, towels, and water provided.
Price: Included in registration fee
- 7:55 am – 8:25 am **Focused Breakfast Presentation** *CME credit not available
Price: Included in your registration
- 8:30 am – 10:00 am **Spouse/Guest & Child Hospitality Breakfast**
Enjoy a continental breakfast with old friends and new! Join us for hula lessons at 9:00 am, perfect for beginners and all skill levels. All ages are welcome! Learn traditional Hawaiian dance, rhythm, and movement in a fun, supportive environment.
Price: Included in registration fee OR \$40 per unregistered adult guest, \$20 per unregistered child (5-17 years)
- 11:30 am – 12:30 pm **Hydroponic Garden Tour**
Discover the innovative hydroponic garden at the Grand Hyatt Kauai! Join us for an exclusive tour of this eco-friendly garden, where fresh herbs, greens, and vegetables are grown using sustainable hydroponic methods. Learn about the resort's commitment to sustainability, and how these homegrown ingredients are used in their award-winning restaurants.
Price: Included in Registration Fee
- 12:05 pm – 12:35 pm **Focused Lunch Presentation** *CME credit not available
Price: Included in your registration
- 4:30 pm – 6:00 pm **Exhibitor Reception**
Kick off your evening by mingling with exhibitors and exploring the scientific posters. Grab your favorite beverage and network before heading to the welcome dinner! The Daily Drawing will take place during the reception.
Attire: Resort casual
Price: Free for Registered Guests or \$75 per Adult
- 6:00 pm – 9:00 pm **Welcome Dinner**
Spend an evening by the ocean, with the gentle Hawaiian breeze setting the perfect atmosphere. Delight in a selection of exquisite foods and an open bar as you catch up with friends and colleagues. Experience the local culture and fully enjoy the unique charm of Kauai.
Attire: Resort casual (No jacket required)
Price: Included in registration fee OR \$100 per unregistered adult guest, \$50 per unregistered child (5-17 years)



Friday, August 1

6:00 am – 8:00 pm

Speaker Ready Area

6:30 am – 1:45 pm

Meeting Registration

6:30 am – 1:45 pm

Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing

7:30 am – 8:30 am

Yoga

Practice calming, rejuvenating yoga poses and stretching on the beach. Enjoy a tranquil environment to connect with your breath, improve flexibility, and find inner peace while surrounded by beautiful gardens. Mats, towels, and water provided.

Price: Included in registration fee

8:00 am – 8:20 am

Focused Breakfast Presentation *CME credit not available

Price: Included in your registration

8:30 am – 10:00 am

Spouse/Guest & Child Hospitality

Come enjoy a continental breakfast and hear about the Clean the World mission, while building hygiene kits to donate to a shelter. While working on hygiene kits, we will keep the hula going with our ongoing lessons! Children will have the chance to prepare for a special performance at the Saturday luau. It's a great way to show off their new moves and be part of the fun!

Price: Included in registration fee OR \$40 per unregistered adult guest, \$20 per unregistered child (5-17 years)

12:25 pm – 12:55 pm

Focused Lunch Presentation *CME credit not available

Price: Included in your registration

1:00 pm – 5:30 pm

Golf Shotgun Tournament at Poipu Bay Golf Course

Sprawled between lush mountains and rugged ocean cliffs on Kauai's sunny South Shore, the Poipu Bay Golf Course boasts 18 championship holes with seashore paspalum greens that are as visually stunning as they are challenging. Designed by Robert Trent Jones, Jr., Poipu Bay is one of the most highly acclaimed resort courses in the Pacific. From 1994 to 2006, the course hosted the annual PGA Grand Slam of Golf. A round at Poipu Bay affords you the opportunity to experience the sheer pleasures and daunting challenges of a course recognized as one of America's finest and to "play where champions play."

Price: \$250 per person - Includes green fees, tournament fee and prizes

Saturday, August 2

6:00 am – 7:00 am

WOA Board of Directors Meeting

6:15 am – 1:30 pm

Speaker Ready Area

6:45 am – 1:30 pm

Meeting Registration

6:45 am – 1:30 pm

Technical Exhibits, Continental Breakfast, Coffee Breaks and Daily Drawing

7:30 am – 8:30 am

Yoga on the Beach

Practice calming, rejuvenating yoga poses and stretching on the beach. Enjoy a tranquil environment to connect with your breath, improve flexibility, and find inner peace while surrounded by beautiful gardens. Mats, towels, and water provided.

Price: Included in registration fee

7:10 am – 7:20 am

Second Business Meeting

8:35 am – 9:05 am

Focused Breakfast Presentation *CME credit not available

Price: Included in registration fee



8:30 am – 10:00 am

Spouse/Guest & Child Hospitality

Enjoy a continental breakfast with old friends and new, while listening to this year's Howard Steel Speaker, Damon West. A former Dallas crime boss and three-time Wall Street Journal bestselling author, Damon serves as an internationally recognized keynote speaker, sharing his story of transformation after spending years in prison. Through his "Coffee Bean" message, Damon teaches how adversity can be turned into growth, inspiring others to change their environment and their lives. It's almost time for the big luau! During breakfast we will have our final hula lessons, where children can perfect their moves and prepare for their performance in front of the crowd on Saturday. Don't miss this chance to see all their hard work come together on stage!

Price: Free for Registered Guests and Children or \$40 per Adult / \$20 per Child (5-17 years old)



6:30 pm – 9:00 pm

Family Luau – Royal Polynesian Revue

The blowing of the conch shell begins our evening, as the soothing sounds of a contemporary Hawaiian trio lilt through the air. The royal spread includes cuisine from the melting pot of cultures that make up Hawaii. After dinner, prepare to be enchanted by the historic yet exotic dances of Polynesia, from the islands of Tahiti, Samoa, and New Zealand to Hawaii. Discover the stories of Hawaii's lands and people through ancestral dances. From the tantalizing aromas of the elaborate feast to the intricate dance steps of the hula, you will be entertained and amazed.

Attire: Resort casual

Price: Included in registration fee OR \$150 per unregistered adult guest / \$75 per unregistered child (5-17 years)



For a complete list of tours and activities to do in Hawaii please go to www.woa-assn.bluehawaiianconierge.com or scan the QR Code.





WOA's 89th Annual Meeting Registration

July 30-August 2, 2025 • Grand Hyatt Kauai • Koloa, HI

MAIL: Western Orthopaedic Association, 110 West Rd, Suite 227, Towson, MD 21204

PHONE: 866-962-1388 • FAX: 410-494-0515 • WEB: www.woa-assn.org

Name _____ Degree _____ Sub-Specialty _____

Company/Institute _____ Department _____

Address _____ City _____ State _____ ZIP Code _____

Office Phone _____ Email Address _____

Physician/Allied Health Registration Fee Includes: Scientific Sessions, Poster Sessions, Symposia, Continental Breakfasts, Workshops, Breaks, Welcome Dinner, Exhibitor Reception, and the Family Luau.

Spouse/Guest Registration Fee Includes: Guest/Child Hospitality on Thursday, Friday and Saturday mornings, Yoga on Thursday, Friday and Saturday mornings, Welcome Dinner, Exhibitor Reception, and the Family Luau.

Child Registration Fee Includes: Guest/Child Hospitality on Thursday, Friday and Saturday mornings, Welcome Dinner and the Family Luau.

Make Memories in Kauai

Choose adventures tailored to your taste - for details and to book activities, scan the QR code or visit

<https://bit.ly/3FeHZeK>



Tour/Activity Ticket Cancellation Policy: Full refund will be granted if a cancellation is made prior to 30 business days before the meeting date. No refund will be guaranteed within 30 business days of the meeting. WOA will attempt to sell unwanted tickets on a first-come, first-serve basis. If WOA sells your unwanted ticket, you will receive a full refund of the ticket cost. WOA reserves the right to cancel an activity if the minimum number of participants has not purchased tickets prior to 30 business days before the meeting date.

#	REGISTRANT CATEGORY	FEE
	New 2025 WOA Physician Member	\$423
	WOA Member Physician	\$845
	Non Member Physician	\$1245
	Non Member Moderator/Presenter	\$845
	Senior Active Member	\$550
	Active Duty Military Physician	\$350
	Allied Health Professional Member	\$300
	Allied Health Professional Non Member	\$650
	Fellow	\$300
	Resident	\$300
	Medical Student	\$300
	Member Spouse/Guest (18+)	\$350
	Non Member Spouse/Guest (18+)	\$450
	Resident/Fellow/Student Spouse/Guest (18+)	\$225
	Child(ren) 5-17 years	\$65
	Child(ren) under 5 years	No Charge

#	ACTIVITIES	FEE
	Yoga on the Beach - (Complimentary) - Thursday	
	Yoga on the Beach - (Complimentary) - Friday	
	Golf Tournament - (\$250 per person) - Friday	
	Yoga on the Beach - (Complimentary) - Saturday	

ONLY **unregistered** guests, and children who wish to attend events should fill out the Events form below. These events are **included** for registered guests and children.

#	UNREGISTERED GUEST EVENTS	FEE
	Thursday Guest/Child Hospitality - Adult (\$60)	
	Thursday Guest/Child Hospitality - Child 5-17 (\$40)	
	Welcome Dinner - Adult (\$100)	
	Welcome Dinner - Child 5-17 (\$50)	
	Friday Guest/Child Hospitality - Adult (\$60)	
	Friday Guest/Child Hospitality - Child 5-17 (\$40)	
	Exhibitor Reception - Adult (\$75)	
	Saturday Guest/Child Hospitality - Adult (\$60)	
	Saturday Guest/Child Hospitality - Child 5-17 (\$40)	
	Family Luau - Adult (\$150)	
	Family Luau - Child (\$75)	

Please provide the information below for each of your **adult guests** so we can put their name badges in your registration packet. Registered children (5-17) will receive a wristband.

Guest Name _____ City _____ State _____

Guest Name _____ City _____ State _____

Guest Name _____ City _____ State _____

Guest Name _____ City _____ State _____

Physician/Allied Health Registration Fee \$ _____

Guest Registration Fees \$ _____

Tours/Activities Fees \$ _____

TOTAL \$ _____

CANCELLATION POLICY: Full refund (less \$50 administrative fee) will be granted if a cancellation is made prior to 10 business days before the meeting date; a 50% refund if canceled between 5 and 10 business days before the meeting date. No refund will be granted within 5 business days of the meeting, or anytime thereafter.

SPECIAL NEEDS: If you have hearing, vision or mobility impairment and need appropriate accommodations in order to participate fully in this activity, please notify us by July 1, 2025. You will be contacted by the WOA Management Company, DTMS, to discuss your needs..

- I would like to opt out of receiving promotional emails.
- Do not share my information with third party vendors.

- Check Enclosed (payable to Western Orthopaedic Association)
- Charge my: Visa MasterCard American Express

CARD NUMBER _____ EXP. DATE _____ CVV _____

NAME ON CARD _____

BILLING ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____



110 West Rd, Suite 227
Towson, MD 21204

Western Orthopaedic Association 89th Annual Meeting

July 30-August 2, 2025 | Koloa, HI



Scan for
meeting details

www.woa-assn.org



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